

What to Expect at Your Vision Examination

Annual **Vision** eye examinations for eyeglasses and/or contact lenses include an eye health screening for diseases such as glaucoma or cataracts. There are exceptions (based upon individual needs) but in general, here are the procedures you can expect at your annual Vision examination.

1. An update on your eye and general health history (medications, allergies, current or previous health disorders). **Please bring a list of medications or bring them in a bag.**
2. Measurement of your vision on an eye chart.
3. Analysis of the lens powers in your current eyeglasses. **Please bring your current set.**
4. Measurement of your field of vision.
5. Eye pressure (tonometry).
6. Determination for the need of an optical correction utilizing laser automated instruments and traditional lenses.
7. External and internal eye health screening. **Some of these procedures involve the use of eye drops that dilate the pupils of the eyes.** Some blurry vision and light sensitivity is normal and temporary with these drops. The effects wear off in 3 to 5 hours. Please bring your sunglasses to wear after your examination. If you do not have sunglasses, we have complimentary disposable sunglasses that you can use. Some patients may be able to substitute an Optos Optomap Retinal scan in place of the dilating eye drops. <http://www.optos.com/us/Your-Eye-Health/> Unfortunately we cannot use the Optos Optomap Retinal scan on all of our patients due to eye health conditions which interfere with the instrument's ability to look into the eye.
8. In addition to the above procedures, **if you are a contact lens wearer** and desire a contact lens prescription refill, we will examine the fit of the lenses on your eyes, the lens quality, lens hygiene, curvature of the front surface of the eyes (corneas) and vision with the contact lenses. Unless your contact lenses are uncomfortable, please wear your contact lenses to your examination. **Please bring your current contact prescription or your contact lens boxes.**
9. If you are serious about having refractive surgery, LASIK, performed, please do not wear your soft lenses for two weeks before your examination and your gas permeable (hard) contact lenses for at least six weeks before your examination.

Medical (glaucoma, cataract, diabetes, macular degeneration, flashes or floaters),
Uncomfortable, Injury, or Red Eye Examinations

1. Bring any material you think may have gotten into your eye.
2. If you are a contact lens wearer, bring the lens you are wearing and your contact lens case and lens care bottles. Do not wear your contact lens if your eye is uncomfortable.
3. Bring a list of your current medications or place them in a bag and bring them to your examination.
4. Bring any bottles of solutions you may have applied to your eyes.
5. Bring any eye drops or medicines you are using.